When you look at this picture, it can appear to be very appealing and even make you hungry. In one large fries at Whataburger, it contains 640 calories and 73 carbohydrates. Maybe you will think twice about going to a fast food place, ordering fries or maybe you will just look at this picture, and it will make you hungry to go order some fries. The obesity rate continues to rise because of these certain foods that are being served. One they are cheaper and two they look more appealing than per say a salad. The total fat in these fries are 36g. for an average teenager a female is suppose to consume 2000 calories a day and a male is suppose to consume 2500 per day. If a female were to eat two large fries from Whataburger, she would have already consumed half of her calories for the day. These foods can look very deceiving.