

CURRICULUM VITA

Mary Ellen McNaughton-Cassill, Ph.D.

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210-647-8103 home
210-458-6859 work

Current Position: Associate Professor, Clinical Psychology
University of Texas at San Antonio

Education:

1986-1991 Ph.D. University of California, San Diego- San Diego State University
Joint Doctoral Program in Clinical Psychology

1981-1983 M.A. University of California, Santa
Barbara, Psychology

1978-1981 B.A. University of California, Santa
Barbara, Psychology

1977-1978 San Diego Mesa College, General Education
Course Work

Licensure:

1995 to the present Licensed Psychologist in the State of Texas
License Number 25229

Clinical Experience:

1987- 1988 Student Therapist, Doctoral Training Facility, San Diego State
University. Outpatient Programs, San Diego VA Medical Center

1990 -1991 Internship at the University of California Psychological
and Counseling Service

1991-1992 Staff Psychologist with the UCSD Psychological and
Counseling Service

1992-1993 Staff Psychologist at the San Diego Veteran's
Administration Medical Center

1994 -1997 Psychologist, Deer Oak's Mental Health Association, San
Antonio Texas

Teaching Experience:

- 1980-1983 Teaching Assistant, Psychology Department, University of California, Santa Barbara (General Psychology, Memory and Learning, Lab in Memory and Learning, Physiological Psychology, Lab in Physiological Psychology)
- 1986, 1987 Instructor, San Diego City College
(Physiological Psychology, General Psychology)
- 1988, Fall Quarter Instructor, San Diego State University, (General Psychology)
- 1991-1993 Instructor, San Diego Mesa College
(Stress Management and Biofeedback;
Behavior Modification and Physiological Psychology)
- 1994-1995 North Side Independent School District Adult and
Community Education, (Stress Management)
- 1994-the present Instructor, Assistant Professor, Associate Professor University of Texas
at San Antonio Courses include Psychology and Health Physiological
Psychology, Theories of Learning, Introduction to Psychology,
Psychology and Health, Abnormal Psychology, Stress Management,
Freshman Seminars and Honors Courses, and a Graduate Seminar in
Biological Psychology.

Research Experience:

- 1979, 1980 Research Assistant, Biofeedback Efficacy Project, Pain Treatment
Center, Scripps Clinic and Research Foundation, La Jolla, California
- 1980-1983 Undergraduate Research Assistant, University of California, Santa
Barbara
- 1983-1986 Research Technician, Immunology, Immunology Department, Scripps
Clinic and Research Foundation, La Jolla, California
- 1986 Research Assistant, Stress and Alcoholism, Department of Psychiatry,
University of California, San Diego and Veterans Administration
Hospital
- 1987 Research Assistant, Alternative Arthritis Treatments, Center for
Behavioral Medicine, San Diego State University and Department of
Community Medicine, University of California, San Diego and
Department of Rheumatology, Scripps Clinic and Research Foundation,
La Jolla, California
- 1987-1990 Research Assistant, Psychoimmunology, Department of Psychiatry,
University of California, San Diego and VA Hospital, San Diego
- 1990-1993 Coping Skills Research, Counselor Preferences
UCSD Psychological and Counseling Service
- 1997-present Assistant/Associate Professor, University of Texas at San Antoni

Awards and Honors:

1977	Valedictorian, Madison High School; San Diego, California
1978-1981	Dean's List - 9 quarters, UCSB
1979-1981	Member of Psi Chi, UCSB
1981	Psychology Chairperson's Award, UCSB
1981	Awarded Distinction in Major upon Graduation from UCSB
1981	<i>Summa cum laude</i> upon Graduation from UCSB
1981	Phi Beta Kappa
1989	Dorathe Frick Memorial Award for outstanding contribution to the UCSD-SDSU Joint Doctoral Program Psychology Clinic
2004, 2007, 2011	Ambassador's Amber Teaching Award, UTSA based on student nomination
2004	Chancellor's Council Outstanding Teaching Award Awarded by UT System across campuses
2004	Student Government Distinguished Faculty Teaching Award
2007	Student Athlete of the Year Inspirational Faculty Award
2007	Honors College Outstanding Mentor Award
2010	University of Texas Regent's Teaching Award 2010
2011	UTSA Howe Outstanding Service to Undergraduate Students
2011	Nominated by UTSA Provost to be a Founding Member of the Universities Newly Created Teaching Academy
2013	President's Distinguished Achievement Award for Excellence in University Service

Publications in Refereed Journals:

- Nemerow, G.R., Wolfert, R., McNaughton, M.E., & Cooper, N.R. (1985). Identification and characterization of the Epstein-Barr virus (EBV) receptor on human B lymphocytes and its relationship to the C3d complement receptor (CR 2). *J. Virology* 55:3447.
- Nemerow, G.R., McNaughton, M.E., & Cooper, N.R. (1985). Binding of monoclonal antibody to the Epstein-Barr virus (EBV/CR2) receptor induces activation and differentiation of human B lymphocytes. *J. Immunol.*135:3068.
- Nemerow, G.R., McNaughton, M. E., & Cooper, N.R. (1985). Monoclonal antibody to the Epstein-Barr Virus Receptor induces human B Lymphocyte activation and differentiation. *Transactions of Amer. Physicians XCVII*.
- McNaughton, M.E., Smith, L.W., Patterson, T.L., & Grant, I. (1989). Stress, social support, coping resources and immune status in elderly women. *Journal of Nervous and Mental Disease* 178(7), 460-461.
- McNaughton, M.E., Patterson, T.L., Irwin, M.R., & Grant, I. (1991). The relationship of life adversity, social support, and coping to hospitalization with major depression. *Journal of Nervous and Mental Disease* 180, (8), 491-897.
- McNaughton, M.E., Patterson, T.L., Smith, T.L., & Grant, T. (1995). The relationship among stress, depression, locus of control, irrational beliefs, social support, and health in Alzheimer's disease caregivers, *Journal of Nervous and Mental Disease*, 183, 2, 78-85.
- McNaughton-Cassill, M.E., Bostwick J.M., Vanscoy, S.E., Arthur, N.J., Hickman, T.N., Robinson R., & Neal, G.S. (2000). Development of brief stress management support groups for couples undergoing in vitro fertilization treatment. *Fertility and Sterility* 74, (1), 87-93.
- McNaughton-Cassill, M.E. (2001). The news media and psychological distress. *Anxiety, Stress, and Coping* 14, 193-211.
- Pillow, D.R., & McNaughton, M.E. (2001). Media exposure, perceived similarity, and counterfactual thinking: why did the public grieve when princess Diana died? *The Journal of Applied Social Psychology* 31,1-25.
- McNaughton-Cassill, M. E., & Smith., T.S. (2002). My world is OK, but yours is not: Television news, the optimism gap, and stress. *Stress & Health* 18, 27-33.
- McNaughton-Cassill, M. E., Bostwick, J.M., Arthur, N.J., Robinson R. R., & Neal, G.S. (2002). The efficacy of brief couples support groups developed to manage the stress of In Vitro Fertilization treatment. *Mayo Clinic Proceedings*, 77, 1060-1066.
- McNaughton-Cassill, M.E., Bostwick, J.M., Arthur, J., Robinson, R.D., & Neal, G.S. (2005). Brief cognitive behavioral couples support groups developed to manage the stress of IVF treatment. In Oxington, K.V. (Ed). *Stress and Health New Research* (pp. 187-201). New York: Nova Biomedical Books.
- Meier, J A., McNaughton-Cassill, M., Lynch, M. (2006). The Management of household and childcare tasks and relationship satisfaction in dual-earner families. *Marriage & Family Review*, 40: 2/3, 61, 88.

McNaughton-Cassill, M. Novian, D.A., Holmes, T.L., & Smith, T.L. (2009). Emotional stress and coping in response to television news coverage of the 9/11 terrorist attacks. *Journal of Media Psychology* V 14 (1) Winter, 2009.

Hannon, B. and McNaughton-Cassill, M. (2011). SAT performance: Understanding the contributions of cognitive/learning and social/personality factors. *Applied Cognitive Psychology*, n/a.
doi: 10.1002/acp.1725

Bryan, C.J., Elder, W.B., McNaughton-Cassill, M., Osman, A., Hernandez, A.M., & Allison, S. (2013). Meaning in life, emotional distress, suicidal ideation, and life functioning in an active duty military sample. *Journal of Positive Psychology*, 8(5), 444-452.

Bryan, C.J., McNaughton-Cassill, M. & Osman, A. (In press). Age and belongingness moderate the effects of combat exposure on suicidal ideation among active duty Air Force personnel. *Journal of Affective Disorders*.

Bryan, C.J., Elder, W.B., McNaughton-Cassill, M., Osman, A., Hernandez, A.M., & Allison, S. (in press). Meaning in life, emotional distress, suicidal ideation, and life functioning in an active duty military sample. *Journal of Positive Psychology*.

Bryan, C.J., Andreski, S.R., McNaughton-Cassill, M. & Osman, A. (in press) Agency is associated with decreased emotional distress and suicidal ideation in military personnel. *Archives of Suicide Research*.

Osman, A., Lamis, D. A., Freedenthal, S., Gutierrez, P. M., & McNaughton-Cassill (in press). The Multidimensional Scale of Perceived Social Support: Analyses of internal reliability, measurement invariance, and correlates across gender. *Journal of Personality Assessment*.

BOOK: McNaughton-Cassill, M.E. *Mind the Gap: Managing Stress in the Modern World* (2013). San Diego, California: Cognella Academic Press.

Solicited Reviews:

McNaughton, M.E, Patterson, T.L, & Grant, I. (1990). Review of the book *Depression, Immunity and Health*, *Journal of Nervous and Mental Disease* 179(3), 178.

McNaughton, M.E. (1997). Review of the book *Social Support and Psychiatric Disorder*, *Journal of Nervous and Mental Disease*, 185, 6, 418.

Course Materials:

Grade Aid: McNaughton-Cassill, M. (2007). *Grade Aid for Butcher, Mineka, and Hooley Abnormal psychology (13th ed.)*. Boston: Pearson Education, Inc.

Test Bank: McNaughton-Cassill, M. (2009). *Test Bank for Abnormal Psychology An Integrative Approach (5th ed.)*. Belmont CA: Wadsworth Cengage Learning.

Scholarly presentations:

McNaughton, M.E., & Reynolds, R.W. (1982). The effects of confinement stress on circulating peripheral leucocytes in rats. *American Physiological Society*.

Nemerow, G.R., Wolfert R., McNaughton M.E., & Cooper, N.R. (1985). Identification of the Epstein virus (EBV) receptor and its relationship to the complement C3d receptor (CR2). *Fed. Proc.* 44:988.

- Nemerow, G.R., McNaughton, M.E., & Cooper, N.R. (1985). Monoclonal Antibody to the Epstein-Barr Virus Receptor induces human B Lymphocyte activation and differentiation. *Clin Research* 33:610A.
- Nemerow, G.R., McNaughton, M.E., Wolfert, R., & Cooper, N.R. (1985). Identification of the Epstein-Barr virus (EBV) receptor on human B lymphocytes and its relationship to the complement C3d receptor. *Amer. Soc. for Virology Meeting*.
- Nemerow, G.R., McNaughton, M.E., & Cooper, N.R. (1985). Activation and differentiation of human B lymphocytes by monoclonal antibodies to the Epstein-Barr virus receptor. *10th Intern.Herpes Virus Workshop*.
- McNaughton, M.E., Patterson, T.L., & Grant, I. (1988). Psychosocial factors, depression and immune status in a group of elderly women. *Society of Behavioral Medicine*, Boston, Massachusetts. (Citation Paper).
- Patterson, T.L., Smith, L.W., McNaughton, M.E., & Grant, I. (1988). The relationship between subjective and contextual ratings of life events in an elderly population. *Society of Behavioral Medicine*, Boston, Massachusetts.
- McNaughton, M.E., Patterson, T.L., Smith, T.L., & Grant, I. (1989). Stress, locus of control and T4/T8 Cell ratio in elderly women. *Society of Behavioral Medicine*, San Francisco, California.
- McNaughton, M.E., Patterson, T.L., Smith, T.L., Ganger, W.C., Quayhagen, M.P., Quayhagen, M., & Grant, I. (1990). Irrational beliefs, locus of control, stress and physical health in Alzheimer caregivers and matched non-caregivers. *Society of Behavioral Medicine*, Chicago, Illinois.
- Smith, L.W., Patterson, T.L., McNaughton, M.E., Smith K.S., & Grant I. (1990). Coping appropriateness ratings are associated with physical and psychological symptoms in the elderly. *Society of Behavioral Medicine*, Chicago, Illinois.
- McNaughton, M.E., Patterson, T.L., Grant, I., Irwin, Smith, T.L., Ganger W.C., Quayhagen, M.P., & Quayhagen, M. (1990). Gender differences in control support and health among Alzheimer caregivers. *American Psychological Association Meeting*, Washington D.C.
- Harju, B., & McNaughton, M.E. (1991). Restorative coping skills treatment. *International Council of Psychologists*, San Francisco, California.
- Lane, R., & McNaughton, M.E. (1994). Counseling preferences in a university-based client Population. *OCCDHE Conference*, Pismo Beach, California.
- McNaughton, M.E., & Lane, R. (1994). The impact of client gender and age on counselor preferences. *OCCDHE Conference*, Pismo Beach, California.
- Lane, R., & McNaughton, M.E. (1995). Counseling preferences in a student client population. *Western Psychological Association*, Los Angeles, California.
- McNaughton, M.E., & Sparling, V. (1996). Media exposure and stress responses. *Texas Psychological Association*, Dallas, Texas.
- McNaughton-Cassill, M.E. (1997). News Media Exposure and Stress Responses. *Southwestern Psychological Association*, New Orleans, Louisiana.

- Perez, N.J., & McNaughton, M.E. (1998). Parenting stress among mothers of single and multiple birth children. *Southwestern Psychological Association*, Albuquerque, New Mexico.
- Pillow, D.R., & McNaughton, M.E. (1998). Towards understanding public grief in the death of Princess Diana, the perceived roles of similarity and counterfactual regret. *Midwestern Psychological Association*, Chicago, Illinois.
- McNaughton-Cassill, M.E., Bostwick J.M., Vanscoy, S.E. , Arthur, N.J., Hickman,T.N., Robinson R.D., & Bass, S.A. (1999). Development of infertility and IVF treatment. *ACOG Meeting*, San Antonio, Texas.
- McNaughton, M.E., Perez, N.J., & Corbin, J.J. (2000). Parenting stress among mothers of single and multiple birth children. *Southwestern Psychological Association*, Dallas, Texas.
- McNaughton-Cassill, M.E., & Bass, S. (2000). Stress management groups for couples in IVF treatment. *Southwestern Psychological Association*, Dallas, Texas.
- Pillow, D.P., Lynch, M., McNaughton-Cassill, M.E. & White, S. (2000). Drunk driver or paparazzi: patterns of counterfactual thinking and blame. *Southwestern Psychological Association*, Dallas,Texas.
- McNaughton-Cassill, M.E., Apgar-Rivera, K.A, DelValle, G., McNeil, V.L.,& Pallares, N.M. (2001). To watch or not to watch: monitoring/blunting and television news. *Southwestern Psychological Association*, Houston, Texas.
- McNaughton-Cassill, M.E., Novian, D.A., & Holmes T.L. (2002). Stress, coping, the news media and the September 11, 2001 terrorist attacks on America. *Southwestern Psychological Association*, Corpus Christi, Texas.
- McNaughton-Cassill, M.E., Holmes, T.L., Wells, A., Long, A., Canter, M., & Beers, T. (2003). Individual responses to media news coverage of the anniversary of the September 11, 2001 terrorist attacks on America. *Southwestern Psychological Association*, New Orleans, Louisiana.
- McNaughton-Cassill, M.E., Golding, T., Rogers, K., Rivas, C., Cleveland, M., & Landrum, W. (2004). Cancer, stress, and exposure to television news. *Southwestern Psychological Association*, San Antonio, Texas.
- Lynch,M.E. & McNaughton-Cassill, M.E., (2004). Student Incivility: Students Annoying Others in the Classroom. *Southwestern Psychological Association*, San Antonio, Texas.
- McNaughton-Cassill, M.E., Wells, A., Willeford, J., Long, A., Carson, J., Goldsmith, M., & Rogers, K. (2004). Stress, the news media, and the war in Iraq. *Southwestern Psychological Association*, San Antonio, Texas.
- McNaughton-Cassill, M.E., & Davis, S. (2005). Are the Olympics really just about sports? *Southwestern Psychological Association*, Memphis, Tennessee.
- Seys, C., Stringfellow, R.L., & McNaughton-Cassill, M.E. (2006). Hurricane's Katrina and Rita, the News Media and Stress. *Southwestern Psychological Association*, Austin, Texas.
- Hernandez, M., Poole, O., Richards, C.S.. & McNaughton-Cassill, M.E. (2006). College success and Ethnicity. *Southwestern Psychological Association*, *Southwestern Psychological Association*, Austin, Texas.

McNaughton-Cassill, M.E., Wozencroft, T., Meier-Marquis, J. (2007). Mentoring Faculty and Students. *Southwestern Psychological Association*, Fort Worth Texas.

McNaughton-Cassill, M.E., Davis, S. & Hannon, B., (2008). Irrational beliefs and test anxiety as a function of gender and ethnicity. *Stress and Anxiety Research Conference (STAR)*, London, England.

Bhavasar, V., Bergland, H., McNaughton-Cassill, M.E., & Schoenhofer, S., (2009). Women Blog the Academy *Professional and Organizational Development Network in Higher Education*, Houston Texas.

McNaughton-Cassill, M.E., & Meier-Marquis, J., (2010) Psychological Responses to News Media Coverage of Hurricane Ike. *Southwestern Psychological Association*, *Southwestern Psychological Association*, Dallas, Texas.

Maggio, A., McNaughton-Cassill, M.E., & Baumann. (2010). Gender, Patriotism, and Olympic Viewing. *Southwestern Psychological Association*, *Southwestern Psychological Association*, Dallas, Texas.

Arevalo, I. & McNaughton-Cassill, M.E. (2011) Exploring Attitudes Toward Mental Health Issues Among Hispanic College Students. *Southwestern Psychological Association* San Antonio, Texas.

McNaughton-Cassill, M. E., (2012). Stressed for Success. Does Teaching have to be stressful?, *American Psychological Association*, Orlando Florida.

Sookprasong, G, Markell, B., & McNaughton-Cassill, M. (2013). Attitudes Towards Viewing the Olympics, *Southwestern Psychological Association*, Ft. Worth, Texas.

Villareal, K. Friesel, T., Smith, S., & McNaughton-Cassill, M. (2013). Emotional Responses to Coverage of the Batman Shootings. *Southwestern Psychological Association*, Ft. Worth, Texas.

Friesel, T., Villareal, K., Smith, S. & McNaughton-Cassill, M. (2013). Factors Affecting Blame Attributions Following the Batman Shootings. *Southwestern Psychological Association*, Ft. Worth, Texas.

Smith, S., Friesel, T., Villareal, K. & McNaughton-Cassill, M. (2013). How Media Interaction, cognitive outlook, and coping are impacted by violent events. *Southwestern Psychological Association*, Ft. Worth, Texas.

Invited Addresses:

Teaching Specific

Northeast Lakeview College Interactive Workshop on *Managing Teaching-Related Stress*, 2009, San Antonio, Texas.

Invited by Dr. Paul Nelson to participate on a teaching panel at the American Psychological Association Division 2 (Education) Division 2 Program *Proposal: Symposium, The New Academy: Implications for the Teaching of Psychology* Participants: Paul D. Nelson, Mary E. McNaughton-Cassill, Robin J. Hailstorks, 2007, San Francisco, California.

Southwestern Psychological Association, *Mentoring Faculty and Students*, 2007, Fort Worth, Texas.

UTSA Women's History Week Panel, Teaching and Gender Workshop, 2004, San Antonio, Texas.

Southwestern Psychological Association Meeting, *Women in Academia*, 2003, New Orleans, Louisiana.

Texas College Teaching Conference, Co-presenter with Jo Meier, Ph.D., *What You Wish Your Adviser Had Told You*, 2003, Seguin, Texas.

Southwestern Psychological Association Meeting, *Stressors and Challenges Faced by Novice Faculty Members*, 2002, Corpus Christi, Texas.

Southwestern Psychological Association Meeting, *Stressors and Challenges Faced by Novice Faculty Members*, 2002, Corpus Christi, Texas.

Panel Member: "Having It All? Female Professors at UTSAPanel Discussion, (2013). Women's History Month.

UTSA's 2013 Student Affairs Conference: Leading Through Transition. PRESENTATION: "Adapt and Overcome" Helping Student Veterans Transition to Academic Life PRESENTER: Mary McNaughton-Cassill (Co-Presenter) Lisa Firmin, Dianne Hengst 3/26/13 4/3/13.

CETL Teaching Conference, Kennesaw Georgia, *How Faculty Can Help Student Veterans Succeed*, 2/15 2013.

Stress and Coping

San Antonio Area Mothers Offering Mothers Support (M.O.M.S.) Clubs, *Stress Management*, 6/1/98; 9/14/98; 10/5/98, San Antonio, Texas.

Resolve Infertility Support Group, *Holiday Stress Management*, 11/18/98, San Antonio, Texas.

Ambulatory Care Nursing Conference 1998, Keynote Address: *The Stress Conundrum: Causes, Consequences and Coping Workshop: Managing the Stress in Your Life*. 5/8/98. San Diego, California.

UTSA Alpha Lambda Delta and Alpha Chi Honor Societies, *Are You the Master of Your Game? Who's in Charge Here?*, 2/29/99, San Antonio, Texas.

Who's Who Among Students in American Universities & Colleges, *Keynote Address*, 2/6/99, San Antonio, Texas.

Gifted and Talented Program NISD, *Why Do I Feel Like I am Majoring In Stress?* Conducted 3 Workshop Sessions entitled *How to Avoid Majoring in Stress*, 9/23/99, San Antonio, Texas.

UTSA Honors Lecture Series Downtown Campus, The 20th Century Express: How Artistic Expression Changed Tracks. *Television, Technology and Stress*, 9/29/99, San Antonio, Texas.

UTSA University Honors Program Mini-Conference- Scientific Frontiers in the New Millennium, *Stress: The Human Implications of Technological Development*, 10/22/99, San Antonio, Texas.

UTSA Brown Bag Lunch Series, *Managing Holiday Stress*, 1604 Campus Presentation 11/17/99 and Downtown Campus, 10/8/99, San Antonio, Texas.

UTSA Great Conversation, *Watching TV News: Managing Information and Indignation*, 2/19/02, San Antonio, Texas.

NISD Honors Council, *Helping Students to Manage Stress*, 1/17/02, San Antonio, Texas.

NISD Gifted and Talented Seminar, *Managing the Stress of Applying to College*, 10/3/02, San Antonio, Texas.

UTSA Kappa Delta Chi Sorority, *Managing the Stress in Your Life*, 11/6/02, San Antonio, Texas.

John Jay High School Stress Management Workshops, *How To Avoid Majoring in Stress*, 11/7/02, San Antonio, Texas.

Stress Management Presentations for the UTSA Learning Communities: *Managing Stress*, Downtown, 11/12/02, 1604 campus, 11/15/02, San Antonio, Texas.

UTSA, Psi Chi *Induction Address*, 5/3/02, San Antonio, Texas.

UTSA Honors College, *Graduation Address*, 5/9/02, San Antonio, Texas.

UTSA Great Conversation, *Test Anxiety, It's Not Just for Adults Anymore*, 2/25/03, San Antonio, Texas. Cancelled due to an ice storm.

UTSA Psi Chi, with Dr. Aaron Cassill, *Psychology and Science Lecture*, 3/12/03, San Antonio, Texas.

UTSA Teaching and Learning Center, *Faculty Panel*, 3/7/03, San Antonio, Texas.

UTSA Teaching and Learning Conference, *Classroom Incivilities*. Co-lead with Dr. Aaron Cassill, 5/14/03, San Antonio, Texas.

UTSA Fall Convocation, *Keynote Speaker* with Aaron Cassill, 8/27/03, San Antonio, Texas.

UTSA, COLFA Advising Staff, *Stress Management Workshop*, 9/29/03, San Antonio, Texas.

UTSA Student Psychological Association, Co-presenter with Aaron Cassill, *Risk and Stress Management*, 9/24/03, San Antonio, Texas.

Kens 5 Good Day S.A. Television Program, Invited member of a panel on *Stress in the Workplace*, 10/14/03, San Antonio, Texas.

Texas College Teaching Conference, Co-presenter with Jo Meier, *What You Wish Your Adviser Had Told You*, 11/14/03, Seguin, Texas.

UTSA Great Conversation: *Test Anxiety, It's Not Just for Adults Anymore*, 2/24/04, San Antonio, Texas.

UTSA Advising Orientation, *Stress Management*, 2/25/04, San Antonio, Texas.

UTSA Advising Retreat, *Stress and Coping*, 3/25/04, San Antonio, Texas.

UTSA Women's History Week Panel, *Teaching and Gender Workshop*, 3/29/04, San Antonio, Texas.

UTSA Communications Week, *The News Media and Stress*, Spring 2004, San Antonio, Texas.

UTSA Student Psychological Association Stress Management Lecture, *Stress and Coping in the Modern World*, 9/8/04, San Antonio, Texas.

UTSA Teaching and Learning Center TA Orientation, *Managing Classroom Incivilities*, 8/19/04, and 9/3/04., San Antonio, Texas.

UTSA Great Conversation, *Gender, Stress, and Having It All*, 2/17/05, San Antonio, Texas.

UTSA *Come to Class Mock Lectures*, 2/21/05, San Antonio, Texas.

Menger Springs Invited Address, *Stress and the News Media*, 4/4/05, San Antonio, Texas.

Featured Speaker at the National Writers' Workshop hosted by the San Antonio Express News, *When Covering the News Gets Too Stressful*, 5/20/06, San Antonio, Texas.

Elected by Honor's Students to give *Keynote Address* at Spring 2006 Honor's College Graduation, on *Resilience and Coping*, 5/20/06, San Antonio, Texas

Christus Santa Rosa Hospital, *Caring for Yourself While you Care for Others: Stress Management for Health Care Providers*, 3/21/07, San Antonio, Texas.

Invited Panelist on Division 2 Program Proposal: Symposium, *The New Academy: Implications for the Teaching of Psychology* Participants: Paul D. Nelson, Mary E. McNaughton-Cassill, Robin J. Hailstorks, 8/07, San Francisco, California.

San Antonio Chapter of The Red Cross, Invited Speaker on *Stress Management*, 10/26/08 and 12/18/08, San Antonio, Texas.

Our Lady of the Lake University Invited Speaker on *Stress Management and Disaster Mental Health* and Coping after Campus Fire, 5/08, San Antonio, Texas.

UTSA, Downtown campus, *Civility Presentation*, 9/2/08, San Antonio, Texas.

UTSA Student Psychological Association, *Stress Management*, 10/12/08, San Antonio, Texas.

Gymnastics of San Antonio, *Time Management*, 10/15/08, San Antonio, Texas.

UTSA NAMI *Presentation Biology of Mental Illness* 9/5/09. Moderator and Presenter, San Antonio Texas.

UTSA Terry Scholars Banquet, *Keynote Address*, 10/20/2009, San Antonio, Texas.

Interactive Workshop on *Managing Teaching-Related stress*, Northeast Lakeview College, 10/27/09, San Antonio, Texas.

Honors College Graduation, *Keynote Address*, Winter 2010, UTSA.

Student Psychological Association Meeting, *Managing Stress* 11/29/10, UTSA.

Teaching and Learning Center Lecture Series, *Balancing Your Time*, 9/21/10, UTSA.

Advisors Meeting 10/9/10, *Balancing Your Time*, 10/9/10, UTSA.

Advising Conference, *Balancing Your Time*, 12/9/10, 12/10/10, UTSA.

UTSA Teaching and Learning Center, *Magna Faculty Discussion (TRC) How Learning Works*, 9/22/11

Student Psychology Club Careers in Psychology Panel Member 9/22/11, UTSA.

Teaching and Learning Center Presentation on Time for Graduate Fellows 9/26/11, UTSA.

Guadalupe Cultural Center LEAP Panel Discussion on Applications of Psychology 9/28/11, UTSA.

Student Psychology Association Presentation on Stress and Coping, 4/2/13, UTSA.

Stress Management for MBRS Students, 4/12/13, UTSA.

Youth First Responder Disaster Mental Health Training. 4/13/13, San Antonio, Texas.

Competitive Funding:

Principle Investigator, SALSI Grant with Dr. Augustine Osman, UTSA, and Dr. Craig Bryan, UTHSCA. Analysis of Risk and Protective Factors for Trauma-Related Events. 2010-2011.

Faculty Research Award: Co- Investigator with Dr. Augustine Osman: Development of a Measure of Media Malaise, 2008.

Co-Investigator on Grant With Dr. Brenda Hannon: Longitudinal a Investigation of the Attitudinal/Belief and Learning/Cognitive Factors that contribute to Test Anxiety in European-American and Hispanic Students. Funded for 3 years through M-RISP program of NIH, 2005-2008.

Minority Biomedical Research Support Grant, NIH, 1999-2002.

Competitive Division Summer Support Award, 1999.

Competitive Division Summer Support Award, 1998.

College of Social and Behavioral Sciences Academic Technology Committee Award, 1999.

Grant Development Award; Fall 1998.

Faculty Research Award; 1997

Teaching Activities:

Students Mentored and Supervised:

Master's Thesis: 12 Reader: 20

Honor's Thesis: 26 Reader: 25

Independent Study Research Projects: >90

Mentor: Holmes High School Psychology Honors Student, Ana Cruzan, 1998. John Jay High School Psychology Honors Student, Veronica Epps, 2002. Communications Arts High School: Joe Garcia 2009-2010; Amanda Jones, 2010-2011
Marshall High School: Daniel Hernandez 2013-2014

Letters of Recommendation: >250

Thesis Advisor:

Zamora, Cynthia: The Effects of Social Support on the Relationship Between Hassles and Burnout Among Caregivers, 2000.

McNeil, Veronica: Locus of Control, Television News, and Psychological Stress, 2002.

Tripp, Patrick, Quantifying the Modulatory Effects of Cerebellar Fibers, 2004.

Manning, Janessa: Personality, Expectation of Achievement, & Self-Efficacy Among Freshmen College Students. 2006.

Vestal, Sarah: Self-handicapping, Motivational Orientation, and Their Effect on Enjoyment in Sport, 2006.

Zarate, Nicole: Effects of News Media on Perceptions of Sex Offenders, 2007.

Stringfellow, Ronald: Sports and Aggression: Effect of and on Society, 2008.

Freed, Erin: Does Administration Format Influence the Construct Validity of SAT Comprehension Passages? 2010

Robinson, Sara, The Role of Social Network Technology Usage in Everyday Life, 2011.

Golding, Troy: Teen Substance Use and Abuse, In Progress.

Klein, Tyler, Coping and Resilience Among Student Athletes, 2012

Straud, Casey, Personality and Proactive/Preventive Coping, 2012

Canada, Kevin, Personality, Coping, and Terror Management, in progress.

William Harris Incoming Student Fall 2013

Catherine Orihuela “

Abigail Tamez “

Dissertation Reader for Students at the University of Texas at Austin

Pahl, Sandra (2010) Proactive Coping: Determinants, Mediators, and Outcomes. University of Texas at Austin

Burton, Rosalinda (Ongoing) Adjustment to infertility: A study of how infertile couples cope with and process permanent biological childlessness. University of Texas at Austin.

Service Activities:

Adviser Student Psychological Association: 1998 to the present

Adviser Mortar Board Honor Society: 1999 to 2009

Faculty Merit & Promotion Taskforce- Division of Behavioral and Cultural Sciences:1998

Psychology Department Merit Committee: 1999-2001

Division Scholarship Committee: 1997-1998

Academic Research Committee, College of Social and Behavioral Sciences: 1990-2000

Student Scholarship Committee, College of Social and Behavioral Sciences: 1999-2000

Psychology Department Representative to CFRAC Tenure and Promotion Committee, 2009

COLFA Academic Research Committee: 2000-2002

MBRS Committee on Student Recruitment and Community Relations: 2000-2002

University Faculty Development Leaves Awards Committee: 2002

Graduate Advisor of Record, Psychology: 2001-2003

Chair, Psychology Scholarship Committee: 2002- 2003
Member 1999-2000; 2006--2012

Student Mentor- NISD Honors Program: 1998

Student Mentor Communications Arts High School, 2009-2010

Chair of NACADA Technology Committee: 2005

Member of Blue Ribbon Health Committee, UTSA, 2004-2005

Member of University Committee on Retention & Graduation 2005-2006

Chair Associate Dean's Committee on Distance Learning, 2005-2006

Coordinator, Allies Program, UTSA, 2004

Chancellor's Award Selection Committee Chair, 2006-2007

University Risk Assessment Committee, 2007-2008

UTSA Committee on Committees, 2008-present

Undergraduate Advisor or Record, Psychology Department, 2008-present

Honors College Scholarship Committee 2010, 2011

Teaching and Learning Center Graduate Awards Committee, 2010

Departmental Academic Policy and Curriculum Committee, 2010-2011

Graduate Admission Committee 2009-2010, Alternate 2011

Research Exhibit Committee Spring 2009 & 2010, 2011

Scholarship Committee 2011

Proposal Site Visit Committee Fall 2010

Member Athletic Council, 2009-2010

IO Replacement Search Committee Fall, 2010

Psychology Junior Health Position Search Committee Fall, 2011

Faculty Senate Representative for Psychology, 2009-2011

Chair, Faculty Senate Committee on Academic Freedom and Tenure, 2010-2011

COLFA Triad Committee, 2011

Veteran's Task Force, 2010-Present

Veteran's Task Force Faculty Staff Subcommittee, 2011

UTSA Freshman Experience Committee, 2011-2012

Provost' Annual Review White Paper Committee, 2011

Faculty Senate Executive Committee, 2011-2012

Veteran's Task Force Faculty Staff Subcommittee Chair 2011/2012/2013

University IRB Review Committee, 2013

Member Distinguished Teaching Academy, Elected Member of Advisory Board, 2013-2015,
Elected Co-Chair, Advisory Board

Professional Memberships

1986 to the present

American Psychological Association

1997 to the present

Southwestern Psychological Association

2001-the present

International Society of Stress and Anxiety Research (STAR)

1987 to 1992

Society of Behavioral Medicine

1991 to 1996

International Council of Psychologists

1995	Western Psychological Association
1994-1995	Bexar County Psychological Association
1995-1997; 2008-2009	Texas Psychological Association
2005-2006	Professional Organization and Development Organization (POD)
2007-present	San Antonio Red Cross Disaster Mental Health Advisory Committee Chair
2008-2010	Texas Psychological Association- Disaster Response Network San Antonio Representative
2007-Present	Red Cross Disaster Mental Health Provider
2011-Present	Green Cross Disaster Mental Health Responder

Journal Reviewer:

Journal of Anxiety, Stress, and Coping
Health Psychology
Southwestern Psychological Association
Journal of the Society of Behavioral Medicine
Mayo Clinic Proceedings
Biomed Central