Dear Ephrem Fernandez, (as private and confidential)

UTSA Course Evaluation Survey Results

Dear Ephrem Fernandez,

In the attachment you will find the evaluation results of the survey 25983 PSY 4253 002 Psychology of Health.

The overall indicator is listed first. It consists of the following scales:

The overall indicator is followed by the individual average values of the scales mentioned above. In the second part of the analysis the average values of all individual questions are listed.

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If you have questions about the evaluation system please contact Lisa Johnston or Doug Atkinson at evaluate@utsa.edu
### Survey Results

#### Legend

- **Question text**
- **Scale**
- **Histogram**
- **Relative Frequencies of answers**
- **Std. Dev.**
- **Mean**
- **Quantile**

#### 1. The instructor clearly defined and explained the course objectives and expectations.

<table>
<thead>
<tr>
<th>Rating</th>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Strongly Agree</td>
<td>38</td>
<td>55.1%</td>
</tr>
<tr>
<td>4 - Agree</td>
<td>12</td>
<td>17.4%</td>
</tr>
<tr>
<td>3 - Neutral</td>
<td>5</td>
<td>7.2%</td>
</tr>
<tr>
<td>2 - Disagree</td>
<td>4</td>
<td>5.8%</td>
</tr>
<tr>
<td>1 - Strongly Disagree</td>
<td>6</td>
<td>8.6%</td>
</tr>
</tbody>
</table>

- **n=69**
- **av.=4.86**
- **dev.=0.43**

#### 2. The instructor communicated information effectively.

<table>
<thead>
<tr>
<th>Rating</th>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Strongly Agree</td>
<td>45</td>
<td>65.2%</td>
</tr>
<tr>
<td>4 - Agree</td>
<td>12</td>
<td>17.4%</td>
</tr>
<tr>
<td>3 - Neutral</td>
<td>4</td>
<td>5.8%</td>
</tr>
<tr>
<td>2 - Disagree</td>
<td>6</td>
<td>8.6%</td>
</tr>
<tr>
<td>1 - Strongly Disagree</td>
<td>2</td>
<td>2.9%</td>
</tr>
</tbody>
</table>

- **n=69**
- **av.=4.88**
- **dev.=0.37**

#### 3. The instructor was prepared to teach for each instructional period.

<table>
<thead>
<tr>
<th>Rating</th>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Strongly Agree</td>
<td>62</td>
<td>88.4%</td>
</tr>
<tr>
<td>4 - Agree</td>
<td>5</td>
<td>7.2%</td>
</tr>
<tr>
<td>3 - Neutral</td>
<td>2</td>
<td>2.9%</td>
</tr>
<tr>
<td>2 - Disagree</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>1 - Strongly Disagree</td>
<td>0</td>
<td>0%</td>
</tr>
</tbody>
</table>

- **n=69**
- **av.=4.93**
- **dev.=0.31**

#### 4. The instructor encouraged me to take an active role in my own learning.

<table>
<thead>
<tr>
<th>Rating</th>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Strongly Agree</td>
<td>52</td>
<td>75.9%</td>
</tr>
<tr>
<td>4 - Agree</td>
<td>14</td>
<td>20.3%</td>
</tr>
<tr>
<td>3 - Neutral</td>
<td>2</td>
<td>2.9%</td>
</tr>
<tr>
<td>2 - Disagree</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>1 - Strongly Disagree</td>
<td>1</td>
<td>1.4%</td>
</tr>
</tbody>
</table>

- **n=69**
- **av.=4.86**
- **dev.=0.39**

#### 5. The instructor was available outside of class either electronically or in person.

<table>
<thead>
<tr>
<th>Rating</th>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Strongly Agree</td>
<td>54</td>
<td>78.3%</td>
</tr>
<tr>
<td>4 - Agree</td>
<td>14</td>
<td>20.3%</td>
</tr>
<tr>
<td>3 - Neutral</td>
<td>1</td>
<td>1.4%</td>
</tr>
<tr>
<td>2 - Disagree</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>1 - Strongly Disagree</td>
<td>0</td>
<td>0%</td>
</tr>
</tbody>
</table>

- **n=69**
- **av.=4.72**
- **dev.=0.62**

#### 6. My overall rating of the course is:

<table>
<thead>
<tr>
<th>Rating</th>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Excellent</td>
<td>59</td>
<td>85.5%</td>
</tr>
<tr>
<td>4 - Good</td>
<td>12</td>
<td>17.4%</td>
</tr>
<tr>
<td>3 - Neutral</td>
<td>2</td>
<td>2.9%</td>
</tr>
<tr>
<td>2 - Poor</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>1 - Poor</td>
<td>0</td>
<td>0%</td>
</tr>
</tbody>
</table>

- **n=69**
- **av.=4.72**
- **dev.=0.57**

#### 7. My overall rating of the teaching of this course is:

<table>
<thead>
<tr>
<th>Rating</th>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 - Excellent</td>
<td>60</td>
<td>87%</td>
</tr>
<tr>
<td>4 - Good</td>
<td>9</td>
<td>13%</td>
</tr>
<tr>
<td>3 - Neutral</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>2 - Poor</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>1 - Poor</td>
<td>0</td>
<td>0%</td>
</tr>
</tbody>
</table>

- **n=69**
- **av.=4.81**
- **dev.=0.58**
1. The instructor clearly defined and explained the course objectives and goals.

Histogram for scaled questions

- Mean (av.) = 4.86
- Standard Deviation (dev.) = 0.43
- N = 69

2. The instructor communicated information effectively.

Histogram for scaled questions

- Mean (av.) = 4.88
- Standard Deviation (dev.) = 0.37
- N = 69

3. The instructor was prepared to teach for each instructional period.

Histogram for scaled questions

- Mean (av.) = 4.93
- Standard Deviation (dev.) = 0.31
- N = 69

4. The instructor encouraged me to take an active role in my own learning.

Histogram for scaled questions

- Mean (av.) = 4.86
- Standard Deviation (dev.) = 0.39
- N = 69

5. The instructor was available outside of class either electronically or in person.

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- Mean (av.) = 4.72
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6. My overall rating of the course is:

Histogram for scaled questions

- Mean (av.) = 4.72
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7. My overall rating of the teaching of this course is:

Histogram for scaled questions

- Mean (av.) = 4.81
- Standard Deviation (dev.) = 0.58
- N = 69
x: 7. My overall rating of the teaching of this course is:
5: 5 - Excellent
4: 4 - Above Average
3: 3 - Average
2: 2 - Below Average
1: 1 - Poor

y: 6. My overall rating of the course is:
5: 5 - Excellent
4: 4 - Above Average
3: 3 - Average
2: 2 - Below Average
1: 1 - Poor

x: 7. My overall rating of the teaching of this course is:
5: 5 - Excellent
4: 4 - Above Average
3: 3 - Average
2: 2 - Below Average
1: 1 - Poor

y: 1. The instructor clearly defined and explained the course objectives and
5: 5 - Strongly Agree
4: 4 - Agree
3: 3 - Neutral
2: 2 - Disagree
1: 1 - Strongly Disagree

x: 7. My overall rating of the teaching of this course is:
5: 5 - Excellent
4: 4 - Above Average
3: 3 - Average
2: 2 - Below Average
1: 1 - Poor

y: 2. The instructor communicated information effectively.
5: 5 - Strongly Agree
4: 4 - Agree
3: 3 - Neutral
2: 2 - Disagree
1: 1 - Strongly Disagree
x: 7. My overall rating of the teaching of this course is:

5: 5 - Excellent
4: 4 - Above Average
3: 3 - Average
2: 2 - Below Average
1: 1 - Poor

y: 3. The instructor was prepared to teach for each instructional period.

5: 5 - Strongly Agree
4: 4 - Agree
3: 3 - Neutral
2: 2 - Disagree
1: 1 - Strongly Disagree

x: 7. My overall rating of the teaching of this course is:

5: 5 - Excellent
4: 4 - Above Average
3: 3 - Average
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1: 1 - Poor

y: 4. The instructor encouraged me to take an active role in my own learning.

5: 5 - Strongly Agree
4: 4 - Agree
3: 3 - Neutral
2: 2 - Disagree
1: 1 - Strongly Disagree

x: 7. My overall rating of the teaching of this course is:

5: 5 - Excellent
4: 4 - Above Average
3: 3 - Average
2: 2 - Below Average
1: 1 - Poor

y: 5. The instructor was available outside of class either electronically or in person.

5: 5 - Strongly Agree
4: 4 - Agree
3: 3 - Neutral
2: 2 - Disagree
1: 1 - Strongly Disagree
Profile

Subunit: College of Liberal and Fine Arts
Name of the instructor: Ephrem Fernandez
Name of the course: 25983 PSY 4253 002 Psychology of Health (2016201-25983)

Values used in the profile line: Mean

1. The instructor clearly defined and explained the course objectives and expectations.
   5 - Strongly Agree
   1 - Strongly Disagree
   n=69  av.=4.86  md=5.00  dev.=0.43

2. The instructor communicated information effectively.
   5 - Strongly Agree
   1 - Strongly Disagree
   n=69  av.=4.88  md=5.00  dev.=0.37

3. The instructor was prepared to teach for each instructional period.
   5 - Strongly Agree
   1 - Strongly Disagree
   n=69  av.=4.93  md=5.00  dev.=0.31

4. The instructor encouraged me to take an active role in my own learning.
   5 - Strongly Agree
   1 - Strongly Disagree
   n=69  av.=4.86  md=5.00  dev.=0.39

5. The instructor was available outside of class either electronically or in person.
   5 - Strongly Agree
   1 - Strongly Disagree
   n=69  av.=4.72  md=5.00  dev.=0.62

6. My overall rating of the course is:
   5 - Excellent
   1 - Poor
   n=69  av.=4.72  md=5.00  dev.=0.57

7. My overall rating of the teaching of this course is:
   5 - Excellent
   1 - Poor
   n=69  av.=4.81  md=5.00  dev.=0.58
Your written comments are an important part of your course and instructor evaluation. Please provide feedback in the box below on aspects of the course and/or the instructor that were most effective or need improvement. Student comments will be provided to your instructor only after course grades have been submitted. The instructor may, but is not obligated to, share these comments with others or include them in any evaluation process.

- Amazing! One of my favorite classes and professors. He makes the subject interesting and engages the class. He also makes class mandatory to do well on the test which I appreciate and respect.
- An outstanding professor!
- Awesome instructor! Clear and easy to understand lectures. Love the class. I enjoy the in-class demonstrations and activities.
- BEST PROFESSOR AT UTSA! I would take this class over and over again! Very interesting and helpful. Would recommend this class and professor to anyone!
- Best professor I've ever had.
- Course is difficult due to the fact that so much information is pushed into each exam. I would rather have an additional exam over the semester in order to study material more efficiently. However, class is very informative and interesting.
- Dr Fernandez is a extremely knowledgeable person who has made the course subject very interesting to me
- Dr Fernandez is an awesome professor! He is very passionate in what he is teaching and even adds some comical elements into his lectures. I would recommend him to anyone in psychology needing a class or wishing to take an elective. It has been a very interesting and fun class.
- Dr. Fernandez is an amazing professor. He made his class very interesting and kept me wanting to learn more outside of class. The demos and in-class exercises definitely were a great way to be a part of and experience certain things on the topics we covered. He focused on the important things within each topic which definitely helps in learning the topics. We were not bombarded with useless or irrelevant information.
- Dr. Fernandez is such a great professor. He is very kind and intelligent. He knows how to make lecture interesting and engaging, I really like the idea of not having a textbook and having a workbook instead. It makes us comes to class because if you don't you pretty much don't have material for exam day. Also, I know he cares about our success, he is always inviting us to his office hours for help or any other questions we have about this course. Would recommend him to my peers.
- Excellent Professor. He was always prepared and would use many real life examples in his lectures.
- Excellent course! This is hands down my favorite class that I have ever taken at UTSA. I wish i wasn't graduating this semester, so I could take Dr. Fernandez again. Don't change a thing about this course!
- Excellent professor. He explains his class very well and he makes of a challenging class a better one. He encourages participation in class and he always finds a way to teach the class in a way that the student is going to pay attention and engage in discussions related to the subject.
- Great course to take and learn from!
- Great course, change nothing!
- Great professor to take. He is very interesting and funny and he kept the class involved. I enjoyed taking the class with him and I would definitely take another one with him. Outstanding professor and he really knows his stuff
- Great professor! You can tell he understands the subject and very passionate about it!
- Great professor, very insightful and answered every answer thoroughly. Great teaching style and the exams were fair. He taught in a way that was easy for us to learn, understand, and remember. Kept topics interesting and assignments were doable.
- Hands down the most interesting and informative class I've taken at UTSA. Dr. Fernandez is an excellent educator. His interactive demonstrations provided me with a better understanding of course material. The workbook required for class is a great resource and definitely crucial to success in the course. I had a great time learning from such a clearly experienced
and well-rounded instructor.

- I absolutely love this class! I have learned so much and I've found myself telling my friends and family that hotdogs have a lot of carcinogens lol. I have no complaints with this class.

- I am pleased to say Psychology of Health has been the best course I have taken in years. Dr. Fernandez has put together a tremendous amount of useful information and each class it seems as if there is a great deal to take away. From very specific details on which body systems to real world research as well as options used in contemporary therapy, each of the very relevant chapters he has chosen brings a great deal of useable data to a prospective psychologist. I appreciate his textbook setup in which virtually every page is of use. I contrast that with another class the book as over 1,000 pages and we use roughly 35%. He brings other skills as well such as more crowd input than any other instructor but without getting bogged down by low-impact input. I am a future psychologist and this has been my best experience at UTSA. Like the elusive Runner’s High, this has been one of the few times I reflected and felt the true joy of learning. I am thrilled to have taken this course.

- I love this class and Professor Fernandez is an amazing professor! He’s also very understanding and knows that other classes are demanding along with his own. Would definitely take him again.

- I loved this course. His lecture style is amazing. Makes you really wanna engage and learn more. Definitely would recommend him to anyone.

- I really like Dr. Fernandez provides his students with a workbook because I feel that it is much helpful in learning the material and it also very helpful in studying for his tests. I also like how Dr. Fernandez has many opportunities to earn points towards your final grade. It is not only on how you did on your tests but also on other things which I really appreciate. I also like how Dr. Fernandez does different demonstrations in his class because I feel like those demonstrations helps his students understand the material better. What I also like about this class, is that I am able to apply things that I learned in to my own life to have a better health and mind.

- I wish all professors were like Dr. Hernandez. This class is very informative, but never feels overwhelming. The whole class is engaged and we apply everything to our everyday lives. Some classes consist of taking notes at a fast rate all class period with little engagement. In this class, we fill in notes to a workbook he created, giving us time to participate in the class conversation. A++++

- Interesting Class!

- Loved this course! I was happy that Dr. Fernandez was always willing to answer any questions that came up and I truly feel that I gained a wealth of knowledge from attending this class. Only complaint is the binding of the book because it scratched me a few times.

- My favorite class all semester, I could take it over and over again!

- One of my favorite courses ever! Dr. Fernandez does an amazing job.

- One of my favorite professors to date. I have learned so much in this class, and that is saying something because most of the classes in upper division psychology recycle the same material over and over. Fantastically clear, concise lecturer. I wish I would have taken one of his classes earlier. I typically don't leave comments in my evaluations, but I felt obligated to leave one for Dr. Fernandez. I will be leaving a ratemyprofessor.com review as well, to help students' exposure to this great professor.

- One of the best professors I have had at UTSA. I really enjoyed the class, it was very informative.

- One of the best professors I have had. Great lectures and great structure of the class.

- Professor Hernandez has made me very, very interested in Psychology of Health. He has made the concept easier to understand, is a nice man in general during office hours, and has great humor. I enjoy this class so much, I wish he taught other classes.

- Really enjoyed this class and Dr. Fernandez was great. I really liked that the workbook was not expensive. The workbook is very organized. His class and lectures were really easy to follow. However, I still needed to devote time to study; even though, the class and lecture seems easy. Do not take the reading lightly and learn the details. I really recommend this class with this professor.

- Tests are straightforward and I appreciate that

- The course was very interesting and kept my attention at all times. I would take this professor for another class if possible.

- The course was very informative. My only displeasure that I experienced was how we were required to take notes. I am not the hugest fan of following along in workbooks because I feel like it is a more of a limitation for me, and I get lost while trying to follow along rather than taking down my own notes.
Thought the class would be more fun, prof makes me uncomfortable and tests are not consistent with what was talked about in lecture.

Very informative class and very interesting. Overall, great class.

Very interesting and insightful course! I learned a lot about good habits that I should apply to my life.

Was always in a hurry, to explain his course material. When people asked questions was in a hurry to answer them. Thought he could have taken more time to answer questions but overall good professor.

perhaps a quiz after the first few classes at the beginning of the semester just to give the students a taste of what test questions will look like.

dthis has been by far one of my favorite classes ever. dr Fernandez is smart, funny, and always helpful. all the lectures were full of useful and very interesting information. and the handbook was a great tool, and its something that i will probably look over often because of all the valuable information in there. because of this course i have a greater passion to look into the field of health psychology. thank you so much dr Fernandez for sharing your knowledge with us