169 – Anger Dysfunction: New Developments in Assessment and Treatment

CE Credits: 7
Enrollment Limit: 40

Workshop Description
Anger has a place in one’s emotional repertoire, but it can also become maladaptive. This intermediate workshop locates anger in DSM diagnostic categories but goes much further to identify complex and subtle types of anger or anger disorders. These are revealed through psychometric tests that tap into a range of basic parameters and expression styles of anger. Treating dysfunctional anger has been largely the province of cognitive behavioral therapy (CBT) as supported by meta-analytic evidence. However, the workshop shows that CBT can be significantly enhanced and enriched in an integrative program (CBAT) that draws from different schools of therapy while also incorporating sociodemographic factors.

Leader: Ephrem Fernandez, PhD, University of Texas at San Antonio

Date: Sunday, August 7, 2016
Time: 8:00 a.m.-3:50 p.m.
Location: Sheraton Denver Downtown Hotel, 1550 Court Place

Fees:
Member: $220
Nonmember: $260
Advance (4/15-6/30) Regular (7/1-8/2) On-Site (8/3-8/7)
$275 $275 $330
$335 $335 $410

ENROLLMENT IS NOW OPEN! Visit http://www.apa.org/convention/ce or call the CEP Office at 800-374-2721, ext. 5991, option 3.

Continuing Education Statement
This CE workshop is sponsored by the APA Continuing Education Committee (CEC). The CEC has reviewed and approved this workshop to offer CE credits for psychologists. The APA CEC maintains responsibility for the content of the programs.